

NELOFER M

CONTACT INFORMATION +91 9384908164
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OBJECTIVE An enthusiastic, and disciplined person looking for a stable position as a lecturer to share my knowledge for the improvement of students and growth of the organization.

EDUCATION

1. Jamal Mohamed College, Tamil Nadu, Trichy
Master's of Science, Nutrition and Dietetics
Percentage: 92.3%
2. Jamal Mohamed College, Tamil Nadu, Trichy
Bachelor's of Science, Nutrition and Dietetics
Percentage: 86%
3. St. Philomena's Girls Higher Secondary School, Tamil Nadu, Trichy
HSLC, Percentage: 80%
4. AJS Matriculation School, Tamil Nadu, Trichy
SSLC, Percentage: 95%

PROJECTS

Title: Study on Consumer Acceptance of Cow's Milk Yogurt Fortified with Flavored Aloe Vera Cubes.

Project Summary: To develop flavored aloe vera cubes with different aromatic food substances and to formulate cow's milk yogurt with flavored aloe cubes, determine and qualify nutrient composition, phytochemical property and anti-oxidant activity and select the suitable packaging material for the study of sheer life of the product.

WORK EXPERIENCE

RESEARCH ASSISTANT
Jamal Mohamed College, Food Analysis Lab
December 2020 - April 2021

- Handled Industrial Food Analyzing Equipment like Kjeldhal, Fibra Plus and Scosplus Analyzers.
- Performed standard food sampling tests for determining protein, fat, fibre, etc.
- Responsible for creating and maintaining invoice for all the tested food samples.

DIETIC INTERN
BGS Hospital, Karnataka
November 2020 - December 2020

- Performed Nutritional assessment and anthropometric measurements.
- Created a modified diet to achieve reduced hypertension and blood glucose level.

SUMMARY OF SKILLS

- Ability to present complex and conceptual ideas clearly and confidently using creative and imaginative thinking.

- Excellent communication skills, with the ability to engage students and creating a successful and stimulating learning environment.
- Ability to provide knowledge to variety of students with varying intellect through patience and active listening.

ACADEMIC ACHIVEMENTS/ ACTIVITIES

1. Received Certifications of Merit for Proficiency in Nutrition and Dietetics for the years 2016,2017,2018,2019 and 2020.
2. Hosted International Conference on Advances in Nutrition and Food Safety Conducted by The Indian Council of Agricultural Research (ICMR), New Delhi.
3. Hosted Celebration of World Breast Feeding Week Conducted by PG and Research Department of Nutrition and Dietetics, Jamal Mohamed College Collaborated with Integrated Child Development Services (ICDS) Govt, of India, Tamilnadu.
4. Awarded Second Prize for Poster Presentation on the Diatrofi Fest' 18 Conducted by PG and Research Department of Nutrition and Dietetics, Jamal Mohamed College.

PAPERS/ SEMINARS/POSTERS PRESENTED/ ATTENDED

1. Presented a paper "**Miracle Behind Plants**" on the National Conference "Recent Advances in Plant Science: Towards Food Safety and Food Security" conducted by Bharathidasan University, Department of Botany and School of Life Science.
2. Presented a Seminar in the Food Expo on "**The Therapeutic Value of Food in Prevention of Global Burden of Diseases**" Sponsored by the Tamil Nadu State Council for Science and Technology and NCSTCT, Delhi.
3. Presented a Poster on the National Nutrition Week Celebration' 19 Organized by the PG and Research Department of Nutrition and Dietetics, Jamal Mohamed College.
4. Participated in the National Seminar on "**Nutrition and Health Trends, Challenges and Strategies**" Organized by the PG and Research Department of Nutrition and Dietetics, Jamal Mohamed College.

PERSONAL DETAILS

Father's Name: Mr. K. Mohamed Ali Jinnah

Mother's Name: Mrs. M. Sharmila

Date of Birth: 06-05-1999

Gender: Female

Languages Known: Tamil and English

REFERENCES**Dr. Ismail Mohideen (Principal)**Jamal Mohamed College, Trichy
Email: princi@jmc.edu**Dr. M.I.Fazal Mohamed (Head of the Department / N&D)**Jamal Mohamed College, Trichy
Email: fazaljmc@yahoo.com**Mrs. V.Kavitha(Assistant Professor/N&D)**Jamal Mohamed College, Trichy
Email: kavitha-vadivelu@yahoo.com**DECLARATION**

I declare that the information furnished above is true and correct to the best of my knowledge and belief.

DATE**PLACE**

Tiruchirappalli

(M. NELOFER)